

# Content of the mandatory Units

## *Unit 1*

### *Building Positive Relationships in Health and Social Care*

This unit aims to introduce you to the many different relationships that you will encounter within the Health and Social Care sector, whether with colleagues, senior members of staff, other professionals within the sector and individuals who require care and support. You will apply communication and relationship building skills in a practical way, considering how different factors, including context, can impact on the building of positive relationships. You will also be introduced to the concept of the person-centred approach which will help with your relationship building.

## *Unit 2*

### *Equality, Diversity and Rights in Health and Social Care*

This unit will help you to understand the implications of diversity on practice and also the effects of discriminatory practice on individuals who require care or support. You will also gain an appreciation of how legislation and national initiatives can support anti-discriminatory practice.

Strategies used to promote equality, respect diversity and support individuals' rights will be examined. You will develop the ability to recognise both good practice, and discriminatory practice in care situations. You will develop the judgement and decision making skills to choose appropriate responses to care situations and determine a course of action to promote the equality, diversity and rights of individuals in care settings.

## *Unit 3*

### *Health, Safety and Security in Health and Social Care*

This unit introduces you to health, safety and security in health and social care. You will acquire the necessary knowledge and skills to equip you in maintaining a safe working environment for yourself, your colleagues and individuals who require care and support. You will learn how legislation, policies and procedures work to reduce risks in health and social care and the consequences of not following them. You will also learn how to respond to different incidents and emergencies within health and social care settings.

## *Unit 4*

### *Anatomy and Physiology for Health and Social Care*

This unit aims to introduce you to the basic structure and functions of the body systems involved in everyday activities and maintenance of health, including cardiovascular, respiratory and digestive systems. You will also understand the part played by organs such as the pancreas, liver and kidney. You will investigate the systems and organs involved in detecting and responding to change such as the nervous system as well as the eyes and ears.

Unfortunately, things do go wrong and each system has well-known diseases and disorders. Also as individuals grow older, they are likely to be affected by malfunctions as a result of degeneration. Some of these will simply be inconvenient; others will be life changers. You will understand the effects on individuals and what has to be done on a daily basis to enable them to lead as full and independent life as possible.

For more information on this new course please contact:

Mrs Miller-Jones

Head of Design & Technology



**The Polesworth School**  
ENSURING EXCELLENCE



**The Polesworth School**  
ENSURING EXCELLENCE

## **The Cambridge Technical Extended Certificate in Health & Social Care**



## Why choose Health and Social Care?

Students may choose this subject because they have an interest in social or health studies and wish to pursue a career in that direction.

This qualification will allow students to achieve their potential & progress to the next stage of their lives, whether it is in Higher Education, an apprenticeship, or employment.

This level 3 qualification is on a par with an A level and it is recognised both by universities & employers.

## Future Study

Health and Social Care is a valuable subject dealing with current issues. It provides an excellent basis for many higher education courses and employment.



## Entry Requirements

You do not need to have studied Health and Social Care before to study this subject. A willingness to learn and enthusiasm are more important.



### Course Content

There are 4 mandatory units:

- Building Positive Relationships in Health & Social Care
- Equality, Diversity & Rights in Health and Social Care
- Health, Safety & Security in Health & Social Care
- Anatomy & Physiology for Health & Social Care

You will also select 1 option from these:

- Infection Control
- Supporting people with Learning Disabilities
- Sexual Health, Reproduction & Early Development Stages
- The Impact of Long-Term Physiological Conditions
- Supporting People with Mental Health Conditions
- Psychology for Health & Social Care
- Sociology for Health & Social Care

And 1 option from these:

- Nutrition for health
- Public Health

## Collaborators

The Cambridge Technical in Health and Social Care have had support from a range of employers and universities.

These include:

HEI'S	EMPLOYERS
University of Leeds	Association of British Healthcare Institutes
Coventry University	Nuffield
Birmingham City University	Alzheimer's Society
Arden University	Warwick University Children's Services
University of Lincoln	Solihull Council
Kingston & St George's	Care UK

